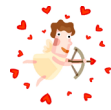


☞ Lunches Served With
8oz 1% Milk



February 2018



☞ Snacks Served With
8oz 1% Milk or
100% Juice

Monday

Tuesday

Wednesday

Thursday

Friday

	<p>Daily:</p> <ul style="list-style-type: none"> ☞ Coffee Social ☞ Brain Exercise ☞ Stretch for Health ☞ Discussion Group ☞ Current Events ☞ Music ☞ Fun! 	<p>Weekly:</p> <ul style="list-style-type: none"> ☞ Arts and Crafts ☞ BPI Bakers ☞ Remember When ☞ Open Art Studio ☞ Brain Games 	<p>Bingo:</p> <p><i>Friday 2nd @ 3</i> <i>Monday 5th @ 3</i> <i>Tuesday 13th @ 10:15</i> <i>Wednesday 21st @ 3</i> <i>Thursday 28th @ 1:45</i></p>	<p>1</p> <ul style="list-style-type: none"> ☞ Health is Wealth ☞ That was the Year ☞ Dollar Store Trip <p>Turkey & Rice Soup, Tuna Sandwich, 3 Bean Salad, Pears & Kiwi, Milk</p>	<p>2</p> <ul style="list-style-type: none"> ☞ Yoga With Jane ☞ Groundhog Day ☞ Bennington Rescue Squad Presents: Fall Prevention <p></p> <p>Chicken-ala-King over Noodles, Green Beans, Whole Grain Bread, Apricots, Milk</p>	3					
4	<ul style="list-style-type: none"> ☞ Crafters Corner ☞ Church Service with Father Holden ☞ Weather Folklore <p>Marinated Chicken, Diced Beets, Spinach, Whole Grain Bread, Berries & Cream, Milk</p>	5	<ul style="list-style-type: none"> ☞ Grace Christian School Students Visit ☞ Beat the Clock ☞ Celebrating Black History Month <p></p> <p>Meatloaf & Mashed Potatoes w/Mushroom Gravy, Squash, Whole Grain Bread, Peaches & Pears, Milk</p>	6	<ul style="list-style-type: none"> ☞ BPI Humor ☞ Norman Rockwell ☞ Bennington Museum Trip <p>Fettuccine Alfredo w/Diced Chicken, Carrot Coins, Whole Grain Bread, Tropical Fruit, Milk</p>	7	<ul style="list-style-type: none"> ☞ Facials with Tori ☞ Creative Musings ☞ BPI Bowling <p>Goulash w/ Meat Sauce, Italian Green Beans, Garlic Bread, Apple Betty, Milk</p>	8	<ul style="list-style-type: none"> ☞ Open Art Studio with Kaye ☞ Person Place, or Thing ☞ Winter Olympics <p>Lemon Pepper Fish, Rice Pilaf, Broccoli, Rye Bread, Pineapple, Milk</p>	9	10
11	<ul style="list-style-type: none"> ☞ Zumba with Andrea ☞ BPI Spelling Bee ☞ World of Wonder: Telephones <p>Baked Chicken w/Gravy, Mixed Vegetables, Whole Grain Bread, Peaches, Milk</p>	12	<p></p> <p>Mardi Gras Celebration</p> <p>New Orleans Gumbo, Roasted Red Potatoes, Whole Grain Bread, Fruit Salad, Milk</p>	13	<ul style="list-style-type: none"> ☞ Forrest Ward Students Visit ☞ Valentine's Day ☞ Musical Memories <p></p> <p>Macaroni & Cheese, Stewed Tomatoes, Whole Grain Bread, Fruited Jello, Milk</p>	14	<ul style="list-style-type: none"> ☞ Reminiscent Corner ☞ 60th Daytona 500 ☞ Vets Chat with Melissa <p>Corn Chowder, Seafood Salad Sandwich, Cottage Cheese, Pickled Beets, Pears & Grapes, Milk</p>	15	<p>Chinese New Year</p> <p></p> <p><i>DJ Scott Performs</i></p> <p>Vegetarian Chow Mein w/Tofu over White Rice, Zucchini Mix, Whole Grain Bread, Oranges & Bananas, Milk</p>	16	17
18	<p>President Day Closed</p> <p></p>	19	<ul style="list-style-type: none"> ☞ February Birthday Trivia ☞ Market Wagon Trip ☞ Jewelry Making <p>Smoked Ham, Brussel Sprouts, Sweet Potatoes, Whole Grain Bread, Pineapple, Milk</p>	20	<ul style="list-style-type: none"> ☞ Bakers Corner ☞ Acts of Kindness ☞ Ping Pong Poker <p>BBQ Chicken on a Bun, Broccoli Florets, Coleslaw, Fruit Cocktail Cake, Milk</p>	21	<ul style="list-style-type: none"> ☞ Fred and Lisa Variety Show ☞ Reflexology ☞ Wii Bowling <p></p> <p>Chili w/Crackers, Whole Grain Corn Bread, Carrot Coins, Mandarin Oranges, Milk</p>	22	<ul style="list-style-type: none"> ☞ Manicures with Tori ☞ Current Events ☞ Qi gong <p>Breaded Fish, Pasta w/Vegetables, Green Beans, Whole Grain Bread, Peaches & Pears, Milk</p>	23	24
25	<ul style="list-style-type: none"> ☞ Zumba with Andrea ☞ Cooking Terms ☞ Bulletin Board Trivia <p></p> <p>Chicken Florentine, Pasta w/Veggies, Mixed Beans, Italian Bread, Milk</p>	26	<ul style="list-style-type: none"> ☞ Musical Notes: Carole King ☞ Group Scrabble ☞ Shuffle Board <p>Beef Stew over Homemade Whole Grain Biscuit, Carrot Slaw, Pears & Grapes, Milk</p>	27	<ul style="list-style-type: none"> ☞ Purim ☞ Shopping Trip ☞ 2nd Chance Animal Shelter Visit <p></p> <p>Spaghetti w/Meat Sauce, Garden Salad, Garlic Sticks, Melon Mix, Milk</p>	28	<p>Fall Prevention Tai Chi Starts</p> <p>02/22/2018</p> <p>Space is limited</p> <p>Reserve your space today</p> <p>Call 802-442-8136</p>	<p></p>			

Meals and snacks are planned in accordance with USDA guidelines. USDA is an equal opportunity provider and employer.