

☞ Lunches Served With
8oz 1% Milk



July 2014



☞ Snacks Served With
8oz 1% Milk or
100% Juice

Monday

Tuesday

Wednesday

Thursday

Friday

	<ul style="list-style-type: none"> ☞ Church with Father Holden every Monday ☞ Art with Kaye every Tuesday and Friday ☞ Communion with Eleanore every Wed. 	<ul style="list-style-type: none"> ☞ Adventures in Gardening ☞ Cell Phones 101 ☞ Jim Morrison and the Doors <p>Broccoli Quiche, Baby Carrots, Spinach, Whole Wheat Bread, Pears, Milk</p>	<ul style="list-style-type: none"> ☞ Summer Foods ☞ The Dalai Lama ☞ Stepping Stone Project <p>Hot Dog on a Bun, Baked Beans, Carrot Slaw, Watermelon, Milk</p>	<ul style="list-style-type: none"> ☞ Celebrate History of the United States ☞ Vocal Concert with Bob <p>Roasted Chicken with Gravy, Mashed Potatoes, Broccoli, Whole Wheat Bread, Fruit Cocktail, Milk</p> 	<p>Closed Independence Day</p> 	
6	<ul style="list-style-type: none"> ☞ Zumba with Andrea ☞ Spam Day ☞ Name that Tune <p>Baked Chicken Breast, Parsley Noodles, Creamed Corn, Peas & Carrots, Whole Wheat Bread, Peaches, Milk</p>	<ul style="list-style-type: none"> ☞ Spain ☞ Running of the Bulls ☞ Soccer <p>Spanish Rice, Garden Salad, Italian Bread, Apple Crisp, Milk</p> 	<ul style="list-style-type: none"> ☞ Musical Memories with Karen ☞ Old Joke Day ☞ Croquet <p>Smoked Ham, Baked Beans, Whole Green Beans, Whole Wheat Bread, Oranges & Bananas, Milk</p>	<ul style="list-style-type: none"> ☞ "Rogerland" Picnic ☞ BPI Court TV ☞ Revive Your Mind <p>Chicken Penne Alfredo, Broccoli, Stewed Tomatoes, Oat Bread, Pears & Kiwi, Milk</p>	<ul style="list-style-type: none"> ☞ Yoga with Jane ☞ Blueberry Season ☞ The Buck Moon <p>Lemon Pepper Fish, Rice Pilaf, Baby Carrots, Tropical Fruit, Milk</p>	
13	<p>BPI BEACH DAY (dress for the Beach if you would like)</p>  <p>BBQ Chicken on a Bun with Tomato Slices, Carrot Coins, Whole Wheat Bread, Coconut Pineapple, Milk</p>	<ul style="list-style-type: none"> ☞ Lake Paran Picnic ☞ Princess Di ☞ Bingo <p>Pulled Pork Sandwich, Oven Roasted Potatoes, Coleslaw, Mixed Berries, Tapioca with Peaches, Milk</p>	<ul style="list-style-type: none"> ☞ Native American Story Telling with Gil ☞ Brain Busters ☞ Numbers <p>Roast Turkey with Gravy, Stuffing with Cranberry, Mashed Potatoes, Spinach, Wheat Dinner Roll, Pears & Grapes, Milk</p>	<ul style="list-style-type: none"> ☞ Cosmetology with John ☞ Summer Magnet Craft ☞ Twilight Zone <p>Vegetable Bean Soup, Tuna Salad Sandwich, Waldorf Salad, Assorted Pies, Milk</p>	<ul style="list-style-type: none"> ☞ Healing Crystals ☞ Laugh Lines ☞ Women and Motorcycles <p>Chicken Chow Mein over Brown Rice, Broccoli Florets, Oranges & Pineapple, Milk</p>	
20	<ul style="list-style-type: none"> ☞ Student Volunteers help us Celebrate Ice Cream Day ☞ Art Center Visit <p>Teriyaki Chicken, Sesame Noodles, Broccoli Florets, Baby Carrots, Whole Wheat Bread, Tropical Fruit, Milk</p> 	<ul style="list-style-type: none"> ☞ Science: The Earth ☞ Shoe Show ☞ Stenciled Tote Craft <p>Tuna Macaroni Salad, Potato Salad, 3-Bean Salad, Wheat Dinner Roll, Watermelon, Milk</p>	<ul style="list-style-type: none"> ☞ Cooking with Garlic ☞ Famous Firsts ☞ Hot Enough For Ya? <p>Meat Loaf with Gravy, Mashed Potatoes, Spinach, Whole Wheat Bread, Peach Cobbler, Milk</p>	<ul style="list-style-type: none"> ☞ Amelia Earhart ☞ Plane Building ☞ Trip Around the World <p>Melon, Western Omelette Quiche, Blueberry Muffin, Hash Brown Potatoes, Oranges & Bananas, Milk</p> 	<ul style="list-style-type: none"> ☞ The Rockefellers ☞ Gold Rush Game ☞ Points to Ponder <p>Chicken Stew over Wheat Biscuit, Carrot Raisin Slaw, Pears, Milk</p>	
27	<ul style="list-style-type: none"> ☞ Dog Days of Summer ☞ Jewelry Making ☞ The Woodie Wagon <p>Baked Ziti, Garden Salad, Italian Bread, Apple Betty, Milk</p>	<p>Cowboy Day:</p> <ul style="list-style-type: none"> ☞ Fred and Lisa Variety Show ☞ Guess Who? ☞ Horse Sense <p>Roast Pork with Gravy, Stuffing, Mashed Potato, Peas & Carrots, Whole Wheat Bread, Milk</p> 	<ul style="list-style-type: none"> ☞ Ice Cream Trip ☞ Summer Fan Craft ☞ Chincoteague Ponies <p>Tomato Basil Soup, Turkey & Lettuce Sandwich with Cranberry Mayo, Coleslaw, Milk</p>	<ul style="list-style-type: none"> ☞ Why We Forgive ☞ Pied Piper ☞ 7 or 11 Game <p>Tilapia with Mango Salsa, Rice Pilaf, Broccoli, Rye Bread, Berries and Cream, Milk</p>	<p>Daily:</p> <ul style="list-style-type: none"> ☞ Coffee Social ☞ Brain Exercise ☞ Stretch for Health ☞ Discussion Group ☞ Current Events ☞ Music ☞ Games 	

Meals and snacks are planned in accordance with USDA guidelines. USDA is an equal opportunity provider and employer.