



Bennington Project Independence

Adult Day Service

July 2025

*Celebrating
46 years of service
in our community*

Celebrating your Independence at BPI!



BPI Member, Elaine O. and
BPI Art Therapist, Kaye S.,
enjoying the New Creative
Expressions Studio



BPI Facilities Coordinator, Joe G.,
and Member, Joe H. assemble the
tables for the Orchard Level

At BPI, We celebrate each members independence by offering a choice of opportunities, interesting programs, fun activities and much more!

Join us in our air
conditioned facility for:

- ☛ Engaging, meaningful and fun activities
- ☛ Excellent Nursing and Personalized care
- ☛ Delicious, healthy, balanced homemade meals
- ☛ Trips, Tours and Picnics
- ☛ Friendship and Fun!

**Call Gina at BPI
to schedule a visit!
(802) 442-8136**

BPI Mission Statement

To provide safe, caring and exceptional Adult Day Services that will offer meaningful, individually tailored programs and care designed to enhance the dignity, independence, joy and quality of life of older persons, younger adults with disabilities, provide support and respite for their families and caregivers and serve as an informational resource for our communities.

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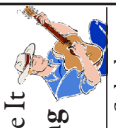


July 2025



☞ Snacks Served With
8oz 1% Milk or
100% Juice

☞ Lunches Served
with 8oz 1% Milk

Monday		Tuesday		Wednesday		Thursday		Friday	
	Bingo Mondays at 1:45 pm Fridays at 10:00 am In-Person and Virtual Contact Shelagh 802-442-8136 to sign up	☞ What Am I? ☞ BPI Community Meeting ☞ Food for Thought: The French Croissant Meatloaf Squares, Mashed Potatoes, Cooked Spinach, Wheat Bread, Pineapple, Milk	☞ Trivia Time ☞ Kirtan Kriya Exercises ☞ Word Riddles Breaded Fish Sticks, Rice, Homemade Coleslaw, Mixed Fruits, Milk	☞ 4th of July Celebration w/ Ray Gifford Burgers or Hot Dogs, Potato Salad, 3-Bean Salad, Red & Blue Fruited Jello, Milk	BPI Closed for 4th of July 		BPI Closed for 4th of July 	☞ Chocolate Barn Trip ☞ Bulletin Board Trivia ☞ BPI Wimbledon Match Chicken Patty on a Bun w/ Lettuce & Tomato, French Fries, Cucumber & Chic Pea Salad, Ice Cream Sundae, Milk	☞ Chocolate Barn Trip ☞ Bulletin Board Trivia ☞ BPI Wimbledon Match Chicken Patty on a Bun w/ Lettuce & Tomato, French Fries, Cucumber & Chic Pea Salad, Ice Cream Sundae, Milk
6 ☞ Porch Games ☞ Over or Under ☞ Manicures Grilled Turkey & Cheddar on Wheat Bread, Broccoli Salad w/ Cranberries, Mandarin Oranges, Milk	7 	☞ Vintage Ads ☞ The Monthly Gazette ☞ Dog Days of Summer Pineapple Chicken, Pasta w/ Veggies, Garlic Buttered Spinach, Wheat Rolls, Tropical Fruit, Milk	☞ Vertical Bowling ☞ Train Travel ☞ French Style Floral Arrangements Baked Ziti, Zucchini Squash Mix, Garlic Knots, Peaches, Milk	☞ Bible Study ☞ Prices from the Past ☞ Exploring the Bastille Marinated Pork Chops, Mashed Potatoes w/ Gravy, Carrot Coins, Wheat Bread, Pears & Grapes, Milk	☞ Bible Study ☞ Prices from the Past ☞ Exploring the Bastille Marinated Pork Chops, Mashed Potatoes w/ Gravy, Carrot Coins, Wheat Bread, Pears & Grapes, Milk	☞ Bible Study ☞ Prices from the Past ☞ Exploring the Bastille Marinated Pork Chops, Mashed Potatoes w/ Gravy, Carrot Coins, Wheat Bread, Pears & Grapes, Milk	☞ Bible Study ☞ Prices from the Past ☞ Exploring the Bastille Marinated Pork Chops, Mashed Potatoes w/ Gravy, Carrot Coins, Wheat Bread, Pears & Grapes, Milk	☞ Bible Study ☞ Prices from the Past ☞ Exploring the Bastille Marinated Pork Chops, Mashed Potatoes w/ Gravy, Carrot Coins, Wheat Bread, Pears & Grapes, Milk	☞ Bible Study ☞ Prices from the Past ☞ Exploring the Bastille Marinated Pork Chops, Mashed Potatoes w/ Gravy, Carrot Coins, Wheat Bread, Pears & Grapes, Milk
13 ☞ Wii Bowling ☞ Concentration Puzzle ☞ Self-Care Adviser Chicken Salad Sandwich w/ Lettuce & Pickles, Caprese Salad w/ Mozzarella, Fresh Fruit Mix, Milk	14 ☞ Wii Bowling ☞ Concentration Puzzle ☞ Self-Care Adviser Chicken Salad Sandwich w/ Lettuce & Pickles, Caprese Salad w/ Mozzarella, Fresh Fruit Mix, Milk	☞ Nascar Racing ☞ That Was the Year ☞ Summer Sing-A-Long Stuffed Pepper Casserole, Spiced Cauliflower, Warm Beets, Wheat Bread, Apple Crisp, Milk	☞ Balloon Soccer ☞ July Word Pictures ☞ A Parisian Refrain: Music from the City of Light Chef Salad, Wheat Roll, Pineapple, Milk	☞ Market Wagon Trip ☞ Person Place or Thing ☞ Fred & Lisa Concert Quiche, Butternut Squash, Peas & Carrots, Wheat Bread, Chocolate Cake, Milk	☞ Market Wagon Trip ☞ Person Place or Thing ☞ Fred & Lisa Concert Quiche, Butternut Squash, Peas & Carrots, Wheat Bread, Chocolate Cake, Milk	☞ Market Wagon Trip ☞ Person Place or Thing ☞ Fred & Lisa Concert Quiche, Butternut Squash, Peas & Carrots, Wheat Bread, Chocolate Cake, Milk	☞ Market Wagon Trip ☞ Person Place or Thing ☞ Fred & Lisa Concert Quiche, Butternut Squash, Peas & Carrots, Wheat Bread, Chocolate Cake, Milk	☞ Market Wagon Trip ☞ Person Place or Thing ☞ Fred & Lisa Concert Quiche, Butternut Squash, Peas & Carrots, Wheat Bread, Chocolate Cake, Milk	☞ Market Wagon Trip ☞ Person Place or Thing ☞ Fred & Lisa Concert Quiche, Butternut Squash, Peas & Carrots, Wheat Bread, Chocolate Cake, Milk
20 ☞ History in July ☞ List It or Leave It ☞ Mark Harding Concert Vegetable Soup, Tuna Salad on Wheat Bread, Tomato & Cucumber in Vinaigrette, Peaches, Milk	21 	☞ Wii Golf ☞ Sports Clichés ☞ A History of Fragrances Macaroni & Cheese, Stewed Tomatoes, Broccoli, Wheat Rolls, Cookies, Milk	☞ Daily Chronicle ☞ Ice Cream Trip ☞ Reiki's Healing Energy BBQ Chicken, Macaroni Salad, Baked Beans, Watermelon, Milk	☞ Can You See the Big Picture? ☞ Star of the Month: Tom Cruise ☞ Vacationing Favorites Turkey on a Sub Roll w/ Lettuce & Tomato, Pickled Beets, Pineapple, Milk	☞ Can You See the Big Picture? ☞ Star of the Month: Tom Cruise ☞ Vacationing Favorites Turkey on a Sub Roll w/ Lettuce & Tomato, Pickled Beets, Pineapple, Milk	☞ Can You See the Big Picture? ☞ Star of the Month: Tom Cruise ☞ Vacationing Favorites Turkey on a Sub Roll w/ Lettuce & Tomato, Pickled Beets, Pineapple, Milk	☞ Can You See the Big Picture? ☞ Star of the Month: Tom Cruise ☞ Vacationing Favorites Turkey on a Sub Roll w/ Lettuce & Tomato, Pickled Beets, Pineapple, Milk	☞ Can You See the Big Picture? ☞ Star of the Month: Tom Cruise ☞ Vacationing Favorites Turkey on a Sub Roll w/ Lettuce & Tomato, Pickled Beets, Pineapple, Milk	☞ Can You See the Big Picture? ☞ Star of the Month: Tom Cruise ☞ Vacationing Favorites Turkey on a Sub Roll w/ Lettuce & Tomato, Pickled Beets, Pineapple, Milk
27 ☞ BPI Humor ☞ State Plate Game ☞ Mindful Movements w/ Rachel French Toast w/ Syrup, Sausage Links, Roasted Potatoes & Onions, Fresh Fruit Salad, Milk	28 ☞ BPI Humor ☞ State Plate Game ☞ Mindful Movements w/ Rachel French Toast w/ Syrup, Sausage Links, Roasted Potatoes & Onions, Fresh Fruit Salad, Milk	☞ Walmart Trip ☞ Blue Angels: Air Show ☞ Finish the Song Lyric Pulled Pork on a Bun, Coleslaw, French Fries, Fruited Jello, Milk	☞ Birthday Trivia ☞ Crafters' Corner ☞ On the Road: National Gifts from Henry Ford Tomato Soup w/ Crackers, Grilled Cheese, Vegetable Medley, Tropical Fruit, Milk	☞ Yoga with Jane ☞ Patty K. Performs ☞ A Summer in Paris Chicken Bacon Ranch Casserole, Zucchini Squash Mix, Wheat Rolls, Peaches Milk	☞ Yoga with Jane ☞ Patty K. Performs ☞ A Summer in Paris Chicken Bacon Ranch Casserole, Zucchini Squash Mix, Wheat Rolls, Peaches Milk	☞ Yoga with Jane ☞ Patty K. Performs ☞ A Summer in Paris Chicken Bacon Ranch Casserole, Zucchini Squash Mix, Wheat Rolls, Peaches Milk	☞ Yoga with Jane ☞ Patty K. Performs ☞ A Summer in Paris Chicken Bacon Ranch Casserole, Zucchini Squash Mix, Wheat Rolls, Peaches Milk	☞ Yoga with Jane ☞ Patty K. Performs ☞ A Summer in Paris Chicken Bacon Ranch Casserole, Zucchini Squash Mix, Wheat Rolls, Peaches Milk	☞ Yoga with Jane ☞ Patty K. Performs ☞ A Summer in Paris Chicken Bacon Ranch Casserole, Zucchini Squash Mix, Wheat Rolls, Peaches Milk

Meals and snacks are planned in accordance with USDA guidelines. This institution is an equal opportunity provider.



July Activity Highlights

Summer is heating up, and we are staying cool on the hill in our state of the art facility equipped with exceptional air conditioning on the hottest days.

Here is a taste of what we are offering in July:

Starting out on **Thursday, July 3rd**, we will be celebrating our independence all day with activities, a cook-out, and musical performance by Ray Gifford. In the afternoon, join us for a celebration. If this is not a regular scheduled day, please let staff know you would like to come in on this day

Friendly reminder, **Friday, July 4th BPI will be closed.**

Do you like flowers? Join us on **Wednesday, July 9th** we will be making flower arrangements. This will be a good activity to get your creativity flowing.

Thursday, July 17th, is a double treat day! We will be taking a trip to the Market Wagon. and Fred and Lisa will be performing from 1-2 p.m. They are only at BPI for the Summer. If you would like to see them perform, let staff know and we can try to accommodate you.

Monday, July 21st, Mark Harding returns to BPI for his musical performance. Come on in and get your "boot scooting boogie on" from 1-2 p.m.

Tuesday the 29th, we will be taking a trip to Walmart. If you would like to go, please let staff know and we can try to accommodate you. If this trip fills up, don't worry we will have more trips coming up.

This is just a few highlighted activities we offer in July. **Please see the calendar for more fun activities, trips, performances, and much, much more!**

July Birthdays



- Isabelle H. - 2nd
- George Co. - 3rd
- Anne T. - 3rd
- Sara B. - 7th
- Fred K. - 8th
- Brenda H. - 9th
- Terry W. - 10th
- Linda R. - 11th
- Roger B. - 23rd
- Walter S. - 23rd
- Donald L. - 28th
- Ruby C. - 30th
- Wilma P. - 30th

July Anniversaries

- Ann & Kevin Q. - 24th
- Jerry & Grace V. - 27th



Save the Date

August 26, 2025

Chipotle Fundraiser for BPI

a portion of your meal price will go to BPI.

Please look for more information soon.



Join us for Sheriff's Senior Call Check and Notification Program (SSCCAN)

at BPI on
July 16th, 2025 at 1:00 pm

Presented by Bennington County
Sheriff's Department

The program is available to residents who are 65 and older and reside in a town currently contracted with the sheriff's department to provide law enforcement services.



Families Together Monthly Caregiver Gatherings

BPI offers a monthly gathering providing caregiver support, laughter and camaraderie.

The July meeting will be held on
Wednesday, July 16th, at 1:00 p.m.

Please call (802) 442-8136 or e-mail
melissa.stemp@bpiads.org
for more information.



Bennington
Project
Independence
Adult Day Service

Thank You to BPI's 12th Annual Golf Tournament Sponsors and Supporters

Putting Green Sponsor

- ◀ RK Miles
- ◀ Southwestern Vermont Health Care

Gold Sponsor
RCS Consulting Inc.

Bronze Sponsors

- ◀ Bank of Bennington
- ◀ Centerline Architects
- ◀ Equinox Terrace
- ◀ Naylor & Breen Builders

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The Bennington Banner

Beverage Cart Sponsor

- ◀ Community Bank
- ◀ Tito's Handmade Vodka

Tee Sponsors

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- ◀ American Legion Auxiliary Unit 13
- ◀ American Legion Post 13
- ◀ At Home Senior Care
- ◀ AVS Storage/House of Tile
- ◀ Bennington Cooling and Heating
- ◀ Bennington Express Lube & Car Wash
- ◀ Brookdale at Fillmore Pond
- ◀ Kathleen Cichanowski
- ◀ Terry & Pam Coffield
- ◀ Coggins Toyota/Honda of Bennington
- ◀ Jon & Laurie Cohen
- ◀ Cole Engineering and Construction
- ◀ Corbett Industrial Cleaning Services
- ◀ D.B. McKenna Co. Inc.
- ◀ Devlin's Funeral Home
- ◀ Fletcher Excavating
- ◀ Great Fields Kennel
- ◀ GVH Studio
- ◀ Harrington Software Inc.
- ◀ Henry's Market
- ◀ Hill Top Farm Meats
- ◀ HN Williams Store
- ◀ Hoffman's Car Wash
- ◀ Hoosac Package
- ◀ John Cerreta Excavation
- ◀ Kaman Composites
- ◀ Kelli's Tavern
- ◀ LaPêche Lingerie
- ◀ Loomis Auto Exchange
- ◀ Love, Cody & Company, CPAs
- ◀ Maple Leaf Realty
- ◀ Mary A. Morrissey
- ◀ Mount Anthony Country Club
- ◀ Dr. Robert Pezzulich, MD
- ◀ Linda and Chuck Putney
- ◀ Ramuntos Restaurant
- ◀ Robert Greene Inc.
- ◀ Stephanie Savage
- ◀ Stewart's Shops
- ◀ Sunny Side Diner
- ◀ VFW Post #1332 Auxiliary
- ◀ Wassick Tire Service
- ◀ Williams Financial LLC
- ◀ Peggy & Mark Wilson
- ◀ Sarah Wilson, Attorney at Law
- ◀ WV Engineering Associates
- ◀ Zinpro Corporation

In-Kind Donations

- Advanced Auto Parts
- Angry Egg Two
- Bakers Dozen
- Bennington Cinemas
- Baker Beverage Distributors
- Bennington Express Lube & Car Wash
- Bennington Potters
- Big Moose Deli & Country Store
- Browns Brewing Co. Walloomsac Taproom & Brewery
- The Cabot
- Chef's Hat Restaurant
- Creative Custom Woodcraft
- The Dorset Maple Reserve Farm Store
- Dutchaven Golf Course
- East Street Salon
- Elhannon Garden Center
- Falls Diner
- Lynne Farrell
- Four Chimney's Inn
- Nancy Frost
- Mount Anthony Country Club
- Hawkins House Craftsmarket
- Hildene - Lincoln Family Home
- Hobson's Choice Greenhouse
- Hoffman's Car Wash
- Home Depot
- Hoosick Falls Country Club
- Hoosick Nutrition
- Hoosick True Value Store
- Iron Coffee Co.
- Italian Market of Manchester
- JK Adams - The Kitchen Store
- LaPêche Lingerie
- Lynne Jackson Quilting
- Man of Kent Tavern
- Marketplace on Main Street
- Midas Auto Repair
- Monument Arts Center
- Mount Anthony Country Club
- Elisabeth Nehme
- O'Reilly Auto Parts
- Pembroke Landscaping
- Pizza Hut
- Potter Hill Barn
- Prospect Mountain Association
- Publyk House/Barrows House Inn/Dorset Inn/The Barn
- Linda & Chuck Putney
- Revolution Racquet & Fitness Club
- Kristen Roessner
- Graciela Seeger
- Staples
- Stratton Mountain Resort
- Tito's Handmade Vodka
- Village Pizza & Deli
- Vera Bradley Outlet
- Williams Shops and Goff's Sports
- Betsy Woods
- The Yoga Place

Donors

- ◀ Averill Cook
- ◀ Bennington Physical Therapy
- ◀ Beth Hardesty
- ◀ Elisabeth Nehme
- ◀ Graciela Seeger
- ◀ Vermont Transco LLC

Special Thank you to:

The Mount Anthony Country Club, Lynne Farrell, Nancy Frost and The Golf Tournament Committee

**Congratulation to
BPI's 12th Annual Golf
Tournament Winners**

RCS Team

Mike Geary, Bruce Gelinas,
Mike Steuer and Tanner Bird.



All of us at Bennington Project Independence, Adult Day Service, would like to give a truly heartfelt thank you to all of our very generous sponsors, donors, golfers and volunteers who made our recent 12th Annual Golf Tournament such a success.

Special thanks go out to Maru Leon and the Staff of the Mount Anthony Country Club for so graciously hosting us and our wonderful Golf Committee, headed by Lynne Farrell and Nancy Frost. They did an amazing job of pulling everything together to make it a wonderful day for everyone!

Thanks to everyone's generosity and efforts, we were able to raise over \$28,000 for the many programs and services for older persons, younger adults with disabilities and their families at Bennington Project Independence, Adult Day Service.

Thank you everyone. We're already looking forward to next year's fun.



Wendy Beatty and Mary Frost



Avocado Pit Team practicing before tee-off



Board Members,
Rep. Mary Morrissey and
Carol Harrington greet
BPI Member/Golfer,
Frank H.



BPI Board and Staff

Dear Community Supporters,

We're almost there!

The lower Orchard level of Bennington Project Independence is almost complete. Now we just need some chairs to sit in to enjoy this new amazing space and all the opportunities that it will provide for all of our Members and the Community.

We are hoping that you will help us by contributing to our "Pull up a seat and Join us" Summer fundraising campaign.

The specialized thera-glides and lift chairs that our Members rely on for ease of mobility and safety don't come cheap. One thera-glide can be almost \$3,000!

You can help by sponsoring all or part of a chair today.

Won't you pull up a seat and join us!



You can make a donation to BPI online. Please scan the QR Code below or visit www.bpiads.org



Complimentary Visit Coupon

You are invited to join us at Bennington Project Independence, Adult Day Service for a full or half day at No Charge. Come Join the fun, meet new friends, try out interesting activities, and enjoy a delicious lunch & snacks. Nursing and Personal care available as needed.

Check us out to see what all the smiles at BPI are about!

Contact Gina Anzivino at BPI to schedule your visit (802) 442-8136

614 Harwood Hill - P.O. Box 1504
Bennington, VT 05201
(802) 442-8136

***All visits must be prearranged. Valid for new members only.
Not redeemable for cash.***

June Scrapbook



BPI's Orchard Cafe was opened for some of the members to eat lunch. Unfortunately, due to the lack of chairs, we were not able to accommodate everyone.

We are accepting donations toward the purchase of the chairs. If you would like to help, use the QR code, go to www.bpiads.org or call 802-442-8136 for more information



BPI's Creative Expressions Suite is Open!

BPI Members enjoy being Creative in this wonderful new space. This space will be used for Open Art Studio, Jewelry making, BPI Crafts and when Members feel like being creative with their own projects.



BPI Member, Terry W. and BPI Staff, Megan C., enjoy their first lunch in the Orchard Cafe. This was a nice treat on one of the hottest days of the Summer.



BPI Members, June C., Leah F., Cheryl C and BPI Staff, Bailey T., enjoying conversation and camaraderie while waiting for their meal in the Orchard Cafe



Bennington Project Independence
Adult Day Service
The Dr. Richard A. Sleeman Center
614 Harwood Hill - Route 7A
P.O. Box 1504
Bennington, VT 05201

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(Check one) Please ADD or DELETE my name to/from the mailing list for the BPI Newsletter:

Name: _____

Address: _____

☐ Please check this box if you would like to receive additional literature about our services and how Bennington Project Independence, Adult Day Service can assist to share the care.

☐ Please add a new BPI friend to your mailing list:

Name: _____

Address: _____

Mail to:

Bennington Project Independence
P.O. Box 1504
Bennington, VT 05201

Organizational Affiliations:

Bennington Project Independence is approved annually by the Vermont Department of Aging and Disabilities and complies with all the state standards for adult day care. BPI is a certified Veterans Administration Adult Day Health Center. In addition, BPI is a member of the following:

- National Adult Day Services Association
- Vermont Association of Adult Day Services
- Bennington Area Chamber of Commerce
- National Family Caregiver Association
- Tri-State Learning Collaborative on Aging

Editors Note:

If you are not currently on our mailing list and would like to receive our monthly newsletter or you know of someone who would enjoy receiving our newsletter, please send in the enclosed form or call BPI at (802) 442-8136. (If you are a caregiver and feel that someone you care about would enjoy learning more about our services, you may sign them up to receive the newsletter temporarily.)